



White Bridge Primary School
Long Term Plan by Subject
2024/25



PSHE							
Subject	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2	Notes
Reception PSED, C&L, UTW	My Healthy Self	Connecting with Others	The Online World	Citizenship	Staying Safe	Health Protection & Growing Up	
Year 1	Zones of Regulation lesson x 1 growth Mindset lesson x 1 My Healthy Self Want to play trucks?	Connecting with Others My world, your world	The Online World Errol's Garden	Citizenship Going to the volcano	Staying Safe Elmer	Health Protection Hair, it's a family affair	Kapow No Outsiders
Year 2	Zones of Regulation lesson x 1 growth Mindset lesson x 1 My Healthy Self All Are Welcome	Connecting with Others Can I Join Your Club?	The Online World How to Be a Lion	Citizenship What the Jackdaw Saw	Staying Safe Amazing	Growing Up Great Big Book of Families	Kapow No Outsiders
Year 3	Zones of Regulation lesson x 1 growth Mindset lesson x 1 My Healthy Self	Connecting with Others Planet Omar WALT: To consider living in Britain today	The Online World We are all wonders WALT: to understand what a bystander is	Citizenship The new jumper WALT: recognise and help an outsider	Consolidation This is Our House WALT: understand what	Health Protection Old people WALT: to recognise a stereotype	Kapow No Outsiders



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	Beegu WALT: to be welcoming				discrimination means		
Year 4	Zones of Regulation lesson x 1 growth Mindset lesson x 1 My Healthy Self No outsiders: Julian is a mermaid Growth Mindset	Connecting with Others No outsiders: Along came a different	The Online World No outsiders: Dogs don't do ballet	Citizenship No outsiders: When sadness comes to call	Staying Safe No outsiders: Alfred and Albert	Growing Up No outsiders: A crayon's Story	Kapow No Outsiders
Year 5	Zones of Regulation lesson x 1 growth Mindset lesson x 1 My Healthy Self No Outsiders: The Only Way is Badger	Connecting with Others No Outsiders: Mixed	The Online World No Outsiders: The Girls	Citizenships No Outsiders: How to Heal a Broken Wing	Consolidation No Outsiders: Tango Makes Three	Growing Up No Outsiders: Kenny Lives with Erica and Martina	Kapow No Outsiders
Year 6	Zones of Regulation lesson x 1 growth Mindset lesson x 1 My Healthy Self	Connecting with Others (Justifying Actions - Rose Blanche)	The Online World (Immigration - King of the sky)	Citizenship (Fears about difference - Leaf)	Staying Safe (Show acceptance - Introducing Teddy)	Sex Education (Democracy - Marlon Bundo)	Kapow No Outsiders



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	(Racism - The island)						
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